



Building the Bridge to Your Financial Future

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NEWS RELEASE

FOR IMMEDIATE RELEASE

STAY HEALTHY, WEALTHY AND WISE AT LIFESTYLE FAIR EVENT ON THURSDAY, MAY 13

Szarka Financial Management, Fairview Hospital, Greater Cleveland YMCA, Silver Sneakers and Liquid Planet Café join together for Lifestyle Fair Event.

May 5, 2010, Cleveland: Szarka Financial Management, Fairview Hospital, the Greater Cleveland YMCA along with Silver Sneakers and Liquid Planet Cafe are joining together to sponsor a spring Lifestyle Fair Event on Thursday, May 13 from 9-11:30 a.m. and 5:30-8:30 p.m. at the West Shore Family YMCA located at 1575 Columbia Road in Westlake, Ohio.

This event will promote health, exercise and financial fitness. Free total cholesterol, blood sugar and blood pressure screenings will be offered. Fitness demonstrations, refreshments, and giveaways will add to the fun.

Educational talks include 9 a.m. Silver Sneakers Program “Let’s Get Moving”; 9:45 a.m. “Heart Disease and Prevention”; 10:45 a.m. “Savings Fitness: Your Money and Financial Future”; 6 p.m. “Healthy Eating”; 7 p.m. “Savings Fitness: Your Money and Financial Future”; 8 p.m. “Want to Be Slim? Get in the Gym: Meet with a Personal Trainer”.

Free childcare provided by the YMCA for Lifestyle Fair Event participants. Parents must remain in the building.

Pre-register for the event by calling the West Shore Family YMCA at 440-871-6885. Those that pre-register will be entered into a special raffle.

For more information on Szarka Financial Management, please visit www.szarkafinancial.com.

Szarka Financial Management (SFM) has provided comprehensive, cutting-edge financial services since 1982 to clients nearing and in retirement. One of the premier financial planning firms in Northeast Ohio, SFM offers educational programs endorsed by the Employers Resource Council (ERC) and applies industry best practices to areas such as investment, retirement, estate, tax, 401(k) plans and insurance planning. We are a registered representative offering securities through FSC Securities Corporation.

Securities and investment advisory services offered through FSC Securities Corporation, member FINRA/SIPC and SEC registered investment advisor. Szarka Financial Management is not affiliated with FSC or registered as a broker-dealer or investment advisor. Investors should be aware that there are risks inherent in all investments, such as fluctuations in investment principal. With any investment vehicle, past performance is not a guarantee of future results.

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